



CROSS CREEK
RANCH

Fitness Center Hours & Classes



Temporary COVID-19 Hours

BOOK YOUR WORKOUT *Today!*

Reservations required through the resident app.
Ages 13-17 permitted during staffed hours only.
Key fob or mobile credential required for
Fitness Center access.*

MONDAY-THURSDAY

5:00AM - 8:00PM

FRIDAY

5:00AM - 7:00PM

SATURDAY

7:00AM - 4:00PM

SUNDAY

9:00AM - 3:00PM

BODY BOOST

WEDNESDAY & FRIDAY • 9:00AM

BOOT CAMP

TUESDAY & THURSDAY • 5:15AM
MONDAY & WEDNESDAY • 6:15PM

CORE ESSENTIALS

TUESDAY • 6:15PM

SCULPT AND TONE

THURSDAY • 6:00PM

YOGA

TUESDAY • 7:00PM
FRIDAY • 9:45AM

ZUMBA

MONDAY • 9:00AM
THURSDAY • 7:00PM

**FOLLOW US FOR MORE UPDATES,
VIRTUAL CLASSES AND WORKOUTS**



@CROSSCREEKRANCHFITNESS



@CCRFITNESSCENTER

*Residents/Staff inside the weight room are NOT permitted to grant access. Holiday Hours are subject to change.
Please check with the Fitness Center regularly for updates. 11/2020

6440 Cross Creek Bend Lane, Fulshear, TX 77441 • 281-344-0078