



ESSENCE  
CAFE

CROSS CREEK RANCH

## CROSS CREEK CAFE

HOURS: OPEN TO THE PUBLIC  
MON-THURS: 10AM-6PM  
FRI-SAT: 8AM-7PM  
SUN: 8AM-5PM

PH: (281) 341-1587

# Omelets

- ❖ Western Stake – three eggs ,tenderloin stake with , mushrooms ,roma tomatoes ,red onion , melted mozzarella and parmesan cheese
- ❖ Mayan Chicken – three eggs ,red & green bell peppers, mushroom, cilantro, onions, mozzarella cheese , and grilled chicken.
- ❖ Asparagus omelet – Bacon , asparagus shredded onions, tomatoes, bell peppers mozzarella and parmesan cheese
- ❖ Meat lovers omelet -three eggs ,apple wood smoked bacon, ham, smoked turkey, purple onions, link sausage and english cheddar.
- ❖ Mexican omelet- three eggs, chorizo, roma tomatoes, fresh jalapenos, cilantro , avocado, and fresh cheese *La vaquita*.
- ❖ Deluxe omelet –three eggs ,baby spinach ,roma tomatoes , mushrooms, bell peppers ,zucchini squash mixed with truffle oil and swiss cheese.
- ❖ Red omelet- three eggs, diced ham ,roasted red bell peppers, red tomato, red onion, and english cheddar cheese.
- ❖ Garden omelet- three eggs, fresh baby spinach, mushrooms , zucchini squash, purple onion, and smoked Italian provolone cheese.
- ❖ Greek omelet- three eggs, garden fresh basil ,purple onion, roma tomatoes ,spinach, and feta cheese.
- ❖ Your choice –two eggs one meat(ham, turkey, sausage, bacon) and one cheese (cheddar, swiss, provolone).

## Breakfast Menu

(Served until 11 AM Mon. - Friday., until 2 PM on Weekends.)

# Morning Favorites

- ❖ **Huevos ala Mexicana**- three eggs, onions ,roma tomatoes, cilantro, fresh jalapeno ,avocado slices, pan seared potatoes and white bread on the side.
- ❖ **Over easy**- two eggs over easy with pan seared potatoes and your choice of bacon or sausage on the side ;wheat toast butter and jelly
- ❖ **Double SS**-two eggs bacon english cheddar cheese mayonnaise and spicy sauce on sourdough bread.
- ❖ **Croissant Sandwich**-two eggs scrambled and your choice of cheese (cheddar ,swiss ,provolone,)
- ❖ **Toast and eggs**-served with your choice of toasted bread butter and jelly.
- ❖ **Toast and jelly**- your choice of bread with butter and jelly.
- ❖ **Breakfast Taco** -one egg, one meat , and one cheese on a soft four tortilla.
- ❖ **Extreme Taco** - Egg with your choice of three ingredients made to order and served on a soft flour tortilla.
- ❖ **Sohosando Taco** – sautéed asparagus ,mushrooms, bell peppers, onions, spinach, carrots, served on a soft flour tortilla.

## *Additional Sides Available*

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Potatoes

Bacon (3 slices)

Avocado slices

Bread side

Sausage (3 links)

Apple slices

1Hard boiled egg

1 additional Egg



# *Gourmet Sandwiches*

## *Essence Club*

Lightly toasted sourdough bread with turkey breast ,apple wood smoked bacon ,ham, baby spinach, roma tomatoes, provolone cheese, mayonnaise and dijon mustard.

## *Country French*

Lightly buttered french baguette with smoked turkey breast, apple wood smoked bacon, french brie cheese and fresh avocado slices.

## *Sourdough Reuben*

A thinly corned beef brisket topped with our homemade sauerkraut, melted swiss, and our own Russian dressing, served on sourdough bread with a dill pickle on the side.

## *House BLT*

Apple wood smoked bacon ,roma tomatoes, avocado slices , cheddar cheese, hearts of romaine, with our homemade avocado dressing on sourdough bread.

## *Tuna Fish*

White tuna albacore mixed with our homemade mayonnaise, red onions, accompanied with baby spinach, hard boiled egg, and swiss cheese.

## *Pork Loin*

Toasted french baguette bread with caramelized onions ,zucchini squash, mushrooms, pork loin, provolone cheese and mayonnaise.

## *Genoa Misto*

Salami, melted smoked provolone ,tomatoes, fresh avocado, red onions, red bell pepers,basil, dijon mustard, and baby spinach served on french baguette.

## *Smoked Sockeye Salmon*

Smoked Sockeye Salmon, lightly toasted seven grain bread , mascarpone cheese spread with dill and capers and accompanied with baby spinach, cucumbers , and *Granny Smith* apple slices.

## *Chicken Salad Sandwich*

Our chicken salad (chipotle sauce, celery, red onions ,and mayonnaise.)with hearts of romaine, provolone cheese, alfalfa sprouts, served on healthy grain bread.

## *Green Gobbler*

Smoked turkey breast, smoked provolone cheese ,alfalfa sprouts, green apple slices, and a touch of apple butter, on whole wheat.

## *Sandwich Panini*

Ham, cheddar and swiss melted , with roma tomatoes, red onions, basil, and dijon mustard on sourdough bread



# Essential Sandwiches

## Buffalo Burger

Lightly toasted sourdough bread with mayonnaise hearts of romaine, roma tomatoes, sautéed red onions, fresh avocado slices and cheddar cheese.

## Wild Shrimp

Pan seared shrimps, crispy bacon, romaine leafs, purple onion, avocado slices, roma tomato, smoke provolone cheese and our homemade cilantro mayonnaise on lightly toasted sourdough bread.

## Roast Beef

oven roasted roast beef, hearts of romaine, roma tomatoes, purple onion, mayonnaise, dijon mustard, and smoke provolone cheese on lightly toasted sourdough bread.

## Tenderloin Steak

Tenderloin stake Grilled, fresh hearts of romaine, roma tomato, avocado, sautéed red onion, melted provolone cheese and avocado slices on multigrain bread

## Italian chicken

A pan seared chicken breast lightly breaded with Italian spices on a healthy grain bread toasted with mayonnaise, hearts of romaine, purple onions, avocado slices, roma tomatoes and smoked provolone cheese.

## Sohosando

A wonderful combination of sautéed and raw vegetables. Hearts of romaine, tomatoes, cucumbers, green apples, alfalfa sprouts, avocado slices with sautéed asparagus, carrots, red bell peppers, zucchini, mushrooms, spinach, and caramelized red onions on toasted wheat bread.

# CEO BOX

 - sandwich -chips -cookie& Drink

(Excluding any bar drink)

(Essential Sandwiches not available with CEO box)

# Combos

 - pick two

(side caesar salad, quiche, half sandwich or soup.)

(Essential Sandwiches are not available with combos)

Half sandwiches available only for combos

# Salads

## Alaskan Shrimp

Mixture of romaine and baby spinach tossed with blue cheese dressing, roma tomatoes cucumbers, fresh avocado slices, Danish bleu cheese crumbs and pan seared shrimps.

## Cobb Salad

A mixture of baby spinach, romaine, roma tomatoes, avocado slices, apple wood smoked bacon, feta cheese, hard boil egg, smoked turkey breast, tossed in our homemade avocado dressing.

## House Salad

Hearts of romaine with roma tomatoes, avocado slices, red onions, parmesan cheese tossed with our homemade avocado dressing.

## Grill Chicken Caesar salad

Hearts of romaine tossed in our homemade ceasar dressing, parmesan cheese and grill chicken breast.

## Tuna Albacore

Baby spinach and hearts of romaine, alfalfa sprouts, red onions, roma tomatoes, hard boil egg, tossed in balsamic vinaigrette, with our homemade tuna albacore salad.

## Greek Salad

Hearts of romaine and baby spinach mixed with sliced kalamata olives, red onions, roasted bell peppers, roma tomatoes, cucumbers, feta cheese, and tossed with balsamic vinaigrette.

## Spinach Salad

Baby spinach, red onions, hard boiled egg, red onions, apple wood smoked bacon, fresh avocado slices, tossed with our homemade balsamic vinaigrette.

## Texas Farmer

A mixture of hearts of romaine and baby spinach, roma tomatoes, cucumbers, alfalfa sprouts, chicken salad, tossed with our homemade balsamic vinaigrette

## Garden Salad

Hearts of romaine, baby spinach, roasted bell peppers, red onion, roma tomatoes, apple slices, fresh avocado slices, alfalfa sprouts and cucumbers tossed with our homemade balsamic vinaigrette.





Please only 10 and under.

Lucy sandwich - turkey ,avocado, roma tomato, cheddar, and ranch dressing lightly toasted on wheat

Nini sandwich – two eggs scrambled, roma tomatoes ,cheddar cheese and mayo on toasted wheat bread.

Kids Panini -Ham or turkey with cheddar cheese or provolone cheese on wheat.

PBJ –Creamy peanut butter and jelly.

Grilled cheese -Wheat bread with cheddar cheese

*All sandwiches available with either cheetos ,classic lays or apple slices no exceptions.*

# Drinks

## *Waters*

Vitamin water  
Metro mint  
Pellegrino  
Ozarka  
Fuze  
Gatorade

## *Frappuccinos*

Mocha  
Caramel  
Vanilla  
White chocolate  
Vanilla & caramel  
Mocha & caramel  
Ying yang (*dark chocolate w/  
white chocolate*)

## *Sodas*

Mexican coke (imported)  
Coca cola  
Diet coke  
Sprite  
Dr Pepper  
Diet Dr Pepper  
Root beer  
Sangria  
Jarritos

Can & bottle only

## *Smoothies*

Strawberry  
Banana  
Piña colada  
Mango  
Peach  
White chocolate

## *Tea*

\*\* Brewed House tea  
Beach-berry Tea .  
Diet lipton green tea  
Hot Mighty leaf tea

## *Espresso Bar*

Cappuccino  
Latte  
Mocha  
Americano  
Ole  
Macchiato  
Espresso con panna  
Espresso single/ doubles

## *illi Coffee*

Regular / Decaffeinated

## *On the Rocks*

Iced chai  
Iced latte  
Iced cappuccinos  
Iced mochas  
Iced coffee

Ask about our  
Flavoring syrups